



# Food Zone

## Summer Menu Breakfast and Lunch

August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Breakfast Menu</b>		
<b>WG Bagel and Cream Cheese</b> Assorted Cereal Fresh Fruit	<b>WG Assorted Muffin</b> Assorted Cereal Cheese Stick Fresh Fruit	<b>WG Breakfast Bar</b> Assorted Cereal Fresh Fruit 100% Fruit Juice	<b>Yogurt Cup</b> Graham Crackers Assorted Cereal Fresh Fruit	<b>WG Cinnamon Roll</b> Assorted Cereal Fresh Fruit 100% Fruit Juice
		<b>Lunch Menu</b>		
			<sup>1</sup> <b>Pepperoni or Cheese Pizza Slice</b> Romaine Salad Fresh Fruit Apple Sauce	<sup>2</sup> <b>Turkey Sub Sandwiches</b> Sun Chips Pasta Salad Fresh Fruit
<sup>6</sup> <b>Breakfast for Lunch</b> Belgium Waffles Chicken Sausage Breakfast Potatoes Fresh Fruit	<sup>7</sup> <b>Turkey Hot Dog</b> BBQ Baked Beans Craisins Fresh Fruit	<sup>8</sup> <b>Pepperoni or Cheese Pizza Slice</b> Romaine Salad Fresh Fruit Apple Sauce	<sup>9</sup> <b>Meatball Marinara Sub</b> Baked French Fries Fresh Fruit	<sup>10</sup> <b>Turkey Sub Sandwiches</b> Sun Chips Fresh Fruit
<div style="background-color: #90EE90; padding: 10px; border: 1px solid black; margin-bottom: 5px;"> <p><b>Summer Break!</b></p> </div> <div style="background-color: #90EE90; padding: 10px; border: 1px solid black; margin-bottom: 5px;"> <p><b>Enjoy and Have Fun!</b></p> </div> <div style="background-color: #90EE90; padding: 10px; border: 1px solid black;"> <p><b>See You Back on the 20<sup>th</sup>!</b></p> </div>				

**MENU SUBJECT TO CHANGE**

Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate and Low Fat White

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk  
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.

This Institution is an Equal Opportunity Provider